

2009 Windpferd Top Titles



Olaf Jacobsen – I'M not at Your Disposal Any More

Through many practical examples from typical everyday situations, best-seller author Olaf Jacobsen teaches you how to liberate yourself from any unpleasant feelings that make you feel uncomfortable or powerless and clearly differentiate your own feelings from those of others. If you're dissatisfied with a role you have taken in your private or professional life, just shed this artificial character and cease to make yourself available!

264 pages, € 12,90, ISBN: 978-3-89385-538-4, **8th edition, 70.000 copies sold since fall 2007**, rights sold: Czech, Dutch, French, Hungarian, Spanish



Beate Bunzel-Dürlich – The Clairvoyance Workbook – The Manual

The ultimate guide teaching you everything about clairvoyance! This workbook explains practical clairvoyance as it can be applied to all career and personal matters. It is based on the premise that every human has the power to act as a medium and therefore can directly and instantaneously pick up on what appears to be concealed from ordinary perception.

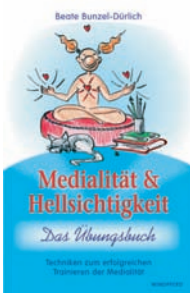
312 pages, with many black&white graphs, € 12,90, ISBN: 987-3-89385-537-7, **2nd edition since fall 2007**, rights sold: Czech and Dutch



Bodo J. Baginski · Shalila Sharamon – Goji

The ultimate super-fruit with an unsurpassed nutrient profile. Hollywood stars consider goji berry products a hot tip for physical wellbeing and wrinkle-free skin. In this attractively and lavishly illustrated self-help guide – the first work to be published in German – the bestseller authors present a unique in depth look at goji and explore the diverse possibilities that this “all-rounder” has to offer, especially in the areas of health and wellness.

152 pages, full color, € 14,90, ISBN: 978-3-89385-544-5, **2nd edition since 2008**, rights sold: French and Polish



Beate Bunzel-Dürlich – The Clairvoyance Handbook – The Workbook

The long-awaited follow-up to the bestseller *The Clairvoyance Handbook – The Manual*. The author now shows how clairvoyance can be learned day by day, and in all situations. Whether a date, a party, a business meetings, the choice of the appropriate clothing or a relationship – listening to the voice of your clairvoyant abilities, also called “the inner councilor”, can take you decisive steps further. Supplemented with many practical exercises.

240 pages with many graphs, € 12,90, ISBN: 978-3-89385-563-6, **2nd edition since fall 2008**



Dr. Karin Stalzer and Christina Szalai – Your Personal Guide to Healthy Eating

Individual dieting for vitality and happiness according to the traditional Chinese medicine and your metabolic type. An unusually creative dietary guide for fun-loving and equally creative people, written by a team of two highly qualified co-authors. Including recipes for 182 delicious dishes based on Chinese dietary principles, which will keep you fit for life, energetically balanced and above all healthy and happy.

320 pages, € 12,90, ISBN: 978-3-89385-540-7, **2nd edition since fall 2007**, Czech rights sold



Silke Bader – Angel Keys

A practical present for all occasions – these handy cards are meant to accompany you wherever you are and you can consult them for advice as to what your next steps are meant to be. They awaken and show you what your best approach should be amid the commotion of everyday life: smile, relax, dream or simply listen to one another. Even a small angel's card can raise your spirits tremendously!

Set with 60 colored cards in a box, 6,5 x 4,5 cm, € 12,90, ISBN: 978-3-89385-553-7, rights sold: Czech, Danish, Hungarian, Polish, Slovak, Slovenian



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